

A private mental health services provider for children, youth, adults, and their families.

# 2021 Annual Report

with 2022 Growth

Protecting Children, Strengthening Families



### **ABOUT US**

PTP offers a comprehensive array of assessment and therapy services for children, adolescents, adults, and families. Services are both therapeutic and psycho-educational, fostering and supporting change and growth through healing the wounds of trauma and life challenges, as well as training and skill development to enhance coping skills and build resilience.

PTP staff consists of a diverse group of over 100 full-time professionals that include licensed psychiatrists, licensed psychologists, licensed counselors, licensed social workers, and a team of highly trained and supervised behavioral aides.



In 2021, PTP celebrated our 30 Year Anniversary (30 Years of Growth). Protecting Children and Strengthening Families is just as important today as it was when Dr. Jain founded PTP.

### **LEADERSHIP**



Sunaina Rao Jain PhD

FOUNDER & CEO CHILD & ADOLESCENT PSYCHOLOGIST



Melissa Browning LPC

CO-OWNER CHIEF OPERATIONS OFFICER



Leigh Gobbel LCSW

CO-OWNER CLINICAL DIRECTOR & COUNSELOR



Deborah Grigsby LCSW

CLINICAL TRAINING MANAGER IFI COUNSELOR



Jennifer Duncan LPC

UTILIZATION MANAGER

### EMPLOYEE DEMOGRAPICS

182-Clinical Employees
15-Non-clinical Staff/Contractors



### **EMPLOYEE PROFESSIONALS/LICENSES**

LPC-15 LAPC-7 LMSW-20 LCSW-12 PHD-1 MD-1 LPN-3 APRN-3



\*These are Clinical and Skillbased providers that are not licensed and provide services under the direct supervision of their supervisor.

\*Supervisor Trainee/Paraprofessional-68

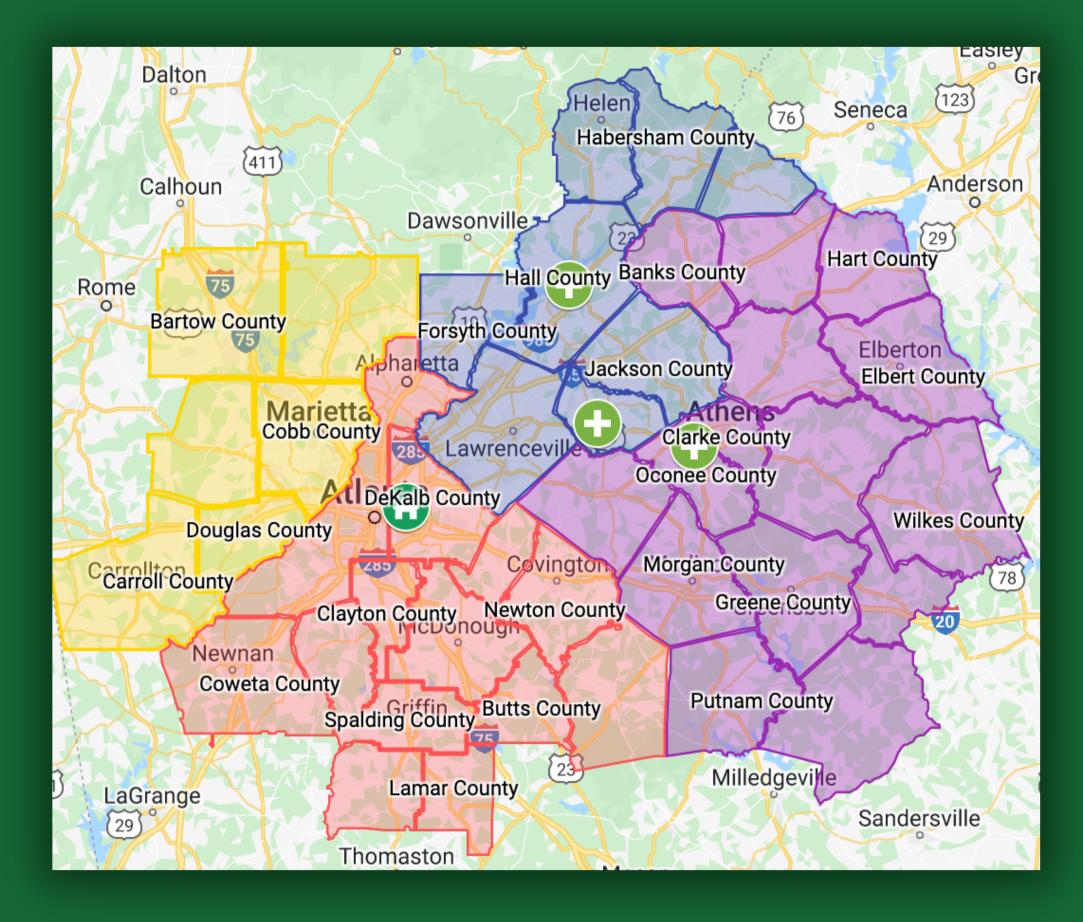
## AGENCY LOCATIONS

Decatur Office (Main)
120 E Trinity Pl
Decatur, Georgia 30030

Watkinsville Office
1551 Jennings Mill Rd
Suite 1700B
Watkinsville, GA 30677

Winder Office 363 Resource Pkwy Winder GA 30680 Fax 404.378.2394

Gainesville Office 201 Forrest Ave Ste 201-B Gainesville GA 30501 Fax 404.378.2394



### AREA MAP OF COVERAGE

## **OUR CLIENTS**

PTP clients represent the variety and richness of our community and our referrals come from many sources.

- Parents seeking assistance and guidance with their children and family challenges.
- Courts and child protective services seeking assistance to interrupt intergenerational cycles of family stress and conflict.
- Education and medical professionals.
- Adoption and foster care agencies, as well as refugee resettlement agencies.
- Adults seeking to find balance in their lives and build resilience for meeting life's challenges.



### **ACCREDITATIONS AND PROVIDER INFORMATION**



- CARF accredited (since 2004).
- Georgia MEDICAID CORE provider for children and families.
- Department of Children and Family Services (DCFS) Service Provider (Wraparound services include Homestead, Behavioral Aide, Early Intervention, Prevention of Unnecessary Placement, Comprehensive Child and Family Assessments, and Fitness to Parent Evaluations).
- Department of Juvenile Justice (DJJ) Service Provider (Wraparound services include Expedited Service, and The Seven Challenges Program).
- DCFS and DJJ approved parenting education resources.
- Better Business Bureau accredited with an A+ rating (since 2020).

## PATHWAYS TRANSITION PROGRAMS AT-A-GLANCE

**Expanded Services in Hall County** 

3,340
Clients Served

154
IFI Clients Served

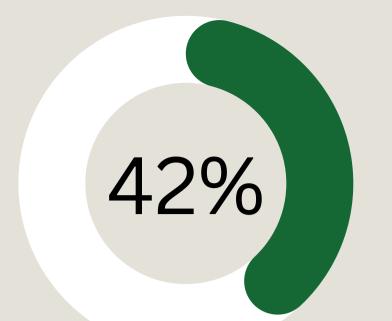
489
Psych/Nursing Clients Served

211
Spanish Clients Served

4602
Clients Served (to date)

### Area 1

Dekalb Fulton Clayton Newton Rockdale Henry



# of Referrals 847

**NEW** 

**CLIENT** 

REFERRALS

### Area 2

Walton
Clarke
Madison
Greene
Elbert
Oconee
Oglethorpe

21%

# of Referrals: 428

### Area 4

Barrow Jackson Hall Gwinett Stephens

28%

# of Referrals: 551

### Area 5

Cobb Cherokee Bartow Douglas Paulding 9%

# of Referrals: 170

### INTERNSHIP PROGRAM

Pathways Transitions Program, Inc. (PTP) is partnered with KSU, UGA, CAU, GSU, UNG, and UA. We accept second-year master's students from these academic institutions working towards their Clinical Social Work or Counseling degrees. Interns accepted into our program must meet all of the same professional requirements as new PTP staff. They must also complete intensive training and shadowing before working with clients and families. Interns are supervised by an LCSW, clinical supervisor for the entirety of their placement. Accepted interns serve our agency and community by providing low to no-cost mental health services to youth and their families who are uninsured, underinsured, or struggling with coinsurance challenges.





### 2021 Highlights-

In 2021, we had our largest group of interns to date and accepted seven students for the year. We partnered with UNG and GSU in 2021. We hired 6 out of the 7 interns after they graduated in 2022. The interns provided clinical services to 70+ clients and families that were uninsured or underinsured during their time with us and helped those that needed it to reestablish insurance. We also expanded the interns service areas to Cherokee, Paulding, Bartow and Cobb Co in 2021.

#### 2022 Growth-

In 2022 we focused on partnering with FS (MOU accomplished), Agnes Scott (pending MOU), and Brenau University (Discussion in the works). Further Growth for 2022 was to accept more interns and expand intern service areas (accomplished). We have 9 interns at this time that will serve 90+ clients and families and we have expanded service area into Barrow and Walton Co.

Intern service areas currently are Fulton, Dekalb, Decatur, Gwinnett, Clayton, Clarke, Cherokee, Paulding, Bartow, Cobb, Barrow, and Walton

## INTENSIVE FAMILY-BASED PROGRAM (IFI)

The Intensive Family Intervention (IFI) program is for families with children and teens who are experiencing prolonged distress and crises. IFI family therapy services are conducted at home, school, or in the community. The focus: strengthen and stabilize the family, their home environment, and prevent out-of-home placements like hospitalization. IFI services also assist youth re-entering their homes after receiving higher levels of care.





### 2021 Highlights-

In 2021, Jackson and Barrow County IFI team has been reestablished after the team had to paused IFI services in these areas.

#### 2022 Growth-

PTP IFI is solidifying a relationship with Laurelwood Hospital at NGMC, building a relationship with Hall County Juvenile Court, and built and maintaining relationships throughout Hall County School System. PTP is in process of growing IFI team in Forsyth County. We have established connections within the Forsyth County Student Services. We are in the process of connecting with Forsyth County LIPT team, informing Forsyth County School System Administrators and School Counselors of the new IFI program, informing Forsyth Juvenile Court, as well as any potential step-ups from individual counselors at PTP, other local counseling agencies such as AVITA.

## PARENT-CHILD INTERACTION THERAPY

PCIT is a short-term, specialized behavior management program designed for young children experiencing behavioral and/or emotional difficulties and their families. PCIT teaches caregivers to manage their child's difficult behaviors, while increasing their positive behaviors. PCIT works with the child and caregiver together to improve behavior and reduce parenting stress.



### 2021 Highlights-

PTP Partner Amerigroup to launch the PCIT program, eight providers completed their training in 2022. Out of these providers we had two clinicians from Leadership, one Clinical Manager, two IFI Team leads, and three therapists.

PTP Partnered with Dr. Ashley Scudder from Ohio State University, and Dr. Cheryl McNeal from University IOWA (national PCIT trainers).

#### 2022 Growth-

Area Manager- Marina Yearsovich LPC, was identified for a PCIT Trainer Certification and will become PTP's PCIT Trainer for staff and community providers interested in this certification.

Marina Yearsovich, LPC presented at the Amerigroup Town Hall and DBHDD Symposium about PCIT.



# of PCIT Served: 21

### SPANISH SPEAKING PROGRAM

Our Spanish Speaking program provides bilingual mental health services to our communities. Research has shown that people are able to convey their feelings when they are able to connect with a clinician. Having a Spanish-speaking team allows PTP to close the gap and serve our Latin X community with ease.



**2021 Highlights**Hall County Spanish Services established.

### 2022 Growth-

Forsyth County Spanish Services established. Bilingual clinical services continue to grow in the schools and community.

## WHOLE HEALTH & WELLNESS

### 2021 Highlights-

In 2021, we began hosting a monthly Whole Health & Wellness series. This information will be available to clients (children and families) who visit our offices. We provide ageappropriate coloring sheets (and crayons) with tips related to the monthly health and wellness topic. We have one packet for younger kids and another with mazes, crossword puzzles, and word searches for our teens. These resources will be available in our waiting rooms. We will also share resources regarding a specific topic that may be helpful for clients.

#### 2022 Growth-

Focusing on "Health Literacy" how well one understands health information and makes good choices about health and medical care.

We are also incorporating the use of Spanish wellness materials, tools, and activities.

PTP has started collecting data related to ACES (Adverse Childhood Experiences), family history of mental health, and co-occurring health diagnosis effecting our clients. Once identified, these clients will have the opportunity to meet for a health and wellness session to learn more about ACES and the correlation to negative health/mental outcomes and link to resources.





Pathways Transition Programs, Inc. will begin hosting a monthly Health & Wellness topic for our community. Please be on the lookout for more information in the Front Office (Decatur) and on social media for more information.



For more information, please contact:

Anjali Jain

Business Administrator

ajain@pathwaystp.com

www.pathwaystransitionprograms.com

#### **Topics Included:**

Help Prevent the Spread of Covid-19
Sleep Education
Heart Health
Nurtition Health
Stress Management
Mental Health Matters
Summer Sun Safety



ANJALI JAIN
WHOLE HEALTH & WELLNESS PROGRAM MANAGER

## **PSYCHIATRIC AND NURSING**

PTP contracts with psychiatrists, nurse practitioners, and nursing staff to provide comprehensive services to meet the needs of our clients. Our medication management services are only available to active therapy clients to help provide easy and effective medication treatment in conjunction with our therapeutic services.

### 2021 Highlights-

In 2021, there was a need to expand and add a Psychiatric Clinic Manager, Angela Nunnally.

### 2022 Growth-

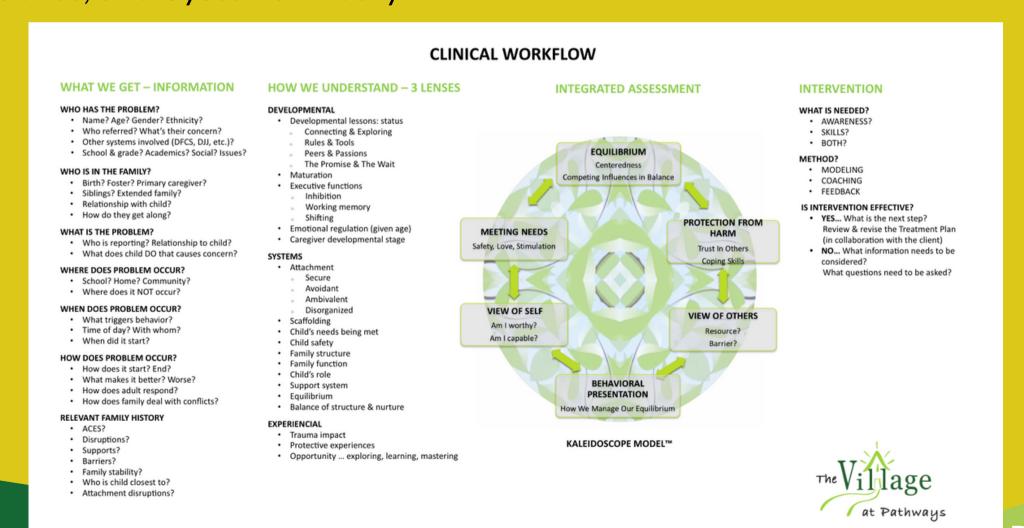
As our offices continue to grow, we added new staff to the Psychiatric and Nursing department. We welcomed Cindy Hinton (Decatur), Jonathan Heslep (Winder & Watkinsville), Demir Osmanovic (Gainesville), and Joan Janek (Gainesville).



### CLINICAL TRAINING PROGRAM

Clinical Training Program run by Dr. Jain & Deborah Grigsby, LCSW provided a 3-part training introducing and exploring the concept of "patterns" with clients. The Clinical team worked closely with PTP clinicians as guest presenters, utilizing talents and interests of these clinicians within the internal staff training. This series provided 10 CEUs for licensed staff.

The Clinical Training Program provides 96 hours of Brown Bag (case review/supervision utilizing PTP clinical workflow) and 25 hours of Utilization Review training to new staff yearly. Jennifer Duncan LPC, UR Manager provides training and ongoing oversight for staff regarding UR and compliance. Models and approaches frequently integrated into PTP clinical workflow include Internal Family Systems (Richard C. Schwartz, Ph.D.), Polyvagal Theory (Stephen Porges, Ph.D.), Russell Barclay's work on ADHD/Executive Function, Bowlby & Ainsworth Attachment Theory, Bessel van der Kolk's research & approach to trauma, various somatic-based approaches, and Systems Theory.



**CLINICAL TRAINING PROGRAM MANAGER** 



## CLINICAL TRAINING PROGRAM (CONTINUED)



### 2021 Highlights-

Community Engagement Event at Chamblee High School-Presentation and workshop for teachers and administrators at Chamblee High School on managing stress in difficult times. [There were 24 suicides by students over last year, and teacher and student stress at a high level.]

### 2022 Growth-

Hold yearly crisis intervention training for staff utilizing IFI team lead. Provided staff with 14 CEUs throughout the year. Explored ways to reorganize orientation training and format. Start process for PTP to offer external CEU Trainings to professionals in Georgia. Created Community Training Videos for schools (Video 1: "Recognizing & Responding to Children's Behavior" Video 2: "Working with Traumatized Children in the School Setting – Sunaina Jain, Ph.D.) and shared with local schools. Began in- person training again for school staff members focusing on the impact of trauma on children, and how this may present in school settings.

## **SUPERVISION HOURS**





### 2021 Highlights-

PTP provides ongoing supervision developed LPC and LCSW tracks to help our clinical staff gain their supervision requirements for licensor while they process challenging cases and gain clinical support/feedback. In 2021, Katie Salvatierra and Deborah Grigsby formally organized and managed our LPC and LCSW tracks to streamline the supervision process for staff.

Our Clinical staff also meet for Clinical Group Supervision with their direct Clinical Managers every month and have the opportunity to enroll in one of our clinical tracks mentioned above for licensor. Our Clinical Managers also provide direct 1:1 supervision to staff as needed during employment. PTP offers over 800 hours of group supervision per year.

### 2022 Growth-

2022 growth for PTP has been working towards a fee-forservice Supervision Group for professionals in the community working towards gaining their licensor. PTP has advertised with NASW and has a growing list of local professionals looking at joining our Supervision Groups in 2023.

## SCHOOL- BASED SERVICES

School-Based Mental Health Services decreases gaps in services and barriers for clients and their families seeking mental health services. A majority of the schools we work with have a formal contract. PTP currently has 85 formal contracts with schools throughout Georgia. School-based clinicians provide services to students, parents, school staff and the community onsite (within the school building) in the following areas:

- Direct Services
- Intake, assessment and therapeutic treatment planning
- Individual therapy or long-term counseling to address psychological disorders
- Group behavioral health counseling and therapy or group psychotherapy
- Family therapy and skill building
- Psycho-education
- Consultation
- Staff professional development and trainings
- In-home services, as requested by provider
- Crisis intervention



### 2021 Highlights-

Hall Co MOU established, Grew into 7 schools. 4 in Hall, 3 in Fulton. Provided a mix of telehealth and face to face services at the request of the schools.

#### 2022 Growth-

Forsyth Co MOU established. Grew into 15 schools. 1 in Forsyth, 3 in Fulton, 11 in Dekalb County. Providing face-to-face service at the request of the schools again. PTP is at the forefront of a new initiative with Dekalb County Schools as they place at "Student and Family Engagement (SAFE) center", Dekalb County Schools have identified one school in each region of the district with the lowest retention/graduation rate. Those schools will have a "SAFE center". PTP is one of many local partners for this initiative, we will work alongside Emory, DCSB and CHRIS 180 to meet the needs of the community. The SAFE centers are also providing GED courses for parents, food/clothing pantry, and tobacco/drug/alcohol classes for students and their parents.

DANIELLE WARREN
SCHOOL-BASED SERVICES PROGRAM MANAGER

### LOCAL & NATIONAL COLLABORATIVE PARTNERSHIPS

- Atlanta Public Schools
- Fulton County Schools
- DeKalb County Schools
- Forsyth County Schools
- Hall County School
- Barrow County Schools
- Clayton County Schools
- City Schools of Decatur
- Walton county schools
- Centennial Academy
- Wesley International Academy
- Drew Charter School
- Dekalb Prep
- Obama academy
- Atlanta Neighborhood Charter School



- National Alliance on Mental Illness (NAMI)
- Childs Voice
- Refugee Centers: Project Family
- Psychology Today
- Better Business Bureau of Atlanta (BBB)
- Together Georgia
- Georgia Drug and Alcohol Treatment and Education
- Georgia Healthcare Facility Regulation Department
- AmeriGroup
- Kennesaw State University
- University of Georgia
- Clark Atlanta University
- Georgia State University
- University of North Georgia
- University of Alabama
- Florida State University





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